A new hands-on seminar by leading experts from Stanford University and Pacific School of Psychology

Behavioral Activation Training for Geriatric Depression

Oct 15-16, 2014, 9am-4pm, Pyle Center, 702 Langdon St, Madison, WI

Don’t miss this opportunity to learn the skills of a new, evidence-based treatment for geriatric depression that is inexpensive, short term and does not take extensive training.

A leading cognitive behavioral therapy for geriatric depression, Behavioral Activation (BA) can be learned and applied by social workers, nurses, physicians, care managers, psychotherapists, psychologists and other professionals working with depressed older adults.

Behavioral Activation helps older adults with depression re-engage in healthy behaviors, increase positive interactions and overcome the avoidance patterns that are part of depression (PEARLS, 2014).

Your instructors are leading clinical experts Dr. Dolores Gallagher-Thompson (Stanford University) and Dr. Larry W. Thompson (Pacific Graduate School of Psychology), who will teach the fundamental skills and interventions of BA for depression in older adults.

Find more details and convenient online registration at continuingstudies.wisc.edu/classes/behavioral-activation-training-geriatric-depression on the Web.
New clinical training for geriatric depression

Behavioral Activation Training for Geriatric Depression

Oct 15-16, 2014, 9am-4pm, Pyle Center, 702 Langdon St, Madison, WI

Your day features hands-on training in this new evidence-based treatment. You learn fundamental skills and interventions of Behavioral Activation (BA) through role play, case studies, and lecture from Stanford University and Pacific Graduate School of Psychology experts.

After this training, your work with older adults will be enhanced by your BA treatment which is inexpensive to apply and has proved in research to show results. You can help relieve your patients'/clients' depression and support them as they become healthy and return to a life filled with social contacts and physical exercise.

Leading experts are your instructors:

Dolores Gallagher-Thompson, PhD, ABPP has been a funded researcher and clinical psychologist in the areas of late-life depression, stress and family caregiving, and ethnicity and dementia caregiving since 1979. She is professor of research in Stanford University School of Medicine’s Department of Psychiatry and Behavioral Sciences and director of the Stanford Geriatric Education Center.

Dr. Larry W. Thompson, PhD, is professor emeritus at Stanford University Medical School and is currently the Goldman Family Professor of Psychology at the Pacific Graduate School of Psychology. He has spent more than 30 years training psychology interns and post-doctoral fellows at Duke University, Stanford University and the Pacific Graduate School of Psychology.

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