Retirement Happiness:
Planning Your Next Stage of Life

CHOOSE FROM TWO DATES: May 30 & 31 OR Sept 19 & 20
Retreats begin on Friday, 7-9pm and continue Saturday, 9am-4pm.
Held at The Pyle Center, 702 Langdon St, Madison, WI

Whether your retirement is months or years away, learn to create a life filled with happiness, health, and prosperity. Explore fresh insights based on emerging scientific research. Come and design the next stage of your life!

Your instructor:
John E. Nelson, co-author of
What Color is Your Parachute? For Retirement

Details and online registration:
continuingstudies.wisc.edu/classes/3304-14-PDAS

Questions? Call 608-890-4653.

Nine out of 10 participants rated this overall program as “Excellent” or “Very Good.” Here’s what some had to say:

“Absolutely fascinating. John’s mastery over the material was complete, and every piece was relevant.”

“A delightful session—good speaker with outstanding information and perspective.”

“Thought provoking. Helped me explore alternatives to previously held beliefs about retirement and aging.”

“The emotional/mental/life journey focus was research based–fabulous!”

“Looks beyond the standard preparation for retirement and happiness. Pulls together all the pieces.”

“Superb experience! Leaving with much to contemplate.”

This program is offered by University of Wisconsin–Madison Continuing Studies and is supported in part by Oakwood Lutheran Senior Ministries.