Featuring

Brief Therapy: Effective Approaches and Useful Tools

With Gary Schoener
Wednesday, March 10, 2016
Brief Therapy: Effective Approaches and Useful Tools

Instructor: Gary Schoener, M.Eq
Thursday, March 10, 2016
9am-4pm
Credits: 0.6 CEU/6 hours of instruction
$150
Level: Beginning to Advanced

In all areas of therapeutic and counseling work, you can be confronted with situations where return visits are limited or not expected. This program explores the use of brief therapy in various situations when time is limited and the therapist must rapidly develop rapport and direction, as well as negotiate limited goals. Examine various frameworks that guide brief therapy and specific challenging situations. Learn useful tools and effective approaches to make brief therapy a success with optimal outcomes. Familiarize yourself with tools such as homework assignments, which help pack more into a counseling contract. The concept of “single-session solutions,” where even longer-term counseling can be viewed as a series of single sessions, is also explored.

Learning Objectives:
• Analyze and apply useful tools for briefer interventions
• Recognize solutions when confronting complex problems
• Utilize “Single-session solutions” for effective clinical interventions

Instructor: Gary Schoener (M.Eq) is a clinical psychologist and director of consultation and training for the Walk-In Counseling Center in Minneapolis, after having served as executive director for 37 years. He is an author, expert witness, and internationally known consultant and trainer on issues of ethics, professional boundaries, and risk management. His specific areas of focus are examination of these topics in health care, human services, and religious settings. Training materials and examples come from a wide range of fields and sources and his experience. The case examples are drawn from experience with more than 4,000 complaints or legal cases over the past 40 years.

For more information and to register, visit continuingstudies.wisc.edu/classes/brief-therapy-effective-approaches-useful-tools.

“Presenter was very engaging and clearly knowledgeable of subject matter. Excellent training!”
ONLINE!

Cross-cultural Health Care Case Studies

Online, start any time
Credits: Credits: 0.6 CEU/6 hours of instruction
$95
Level: Beginning to Advanced

This online self-study course explores the importance of culturally competent care through case studies. A series of five tutorials on cultural competence, it familiarizes health care providers with common issues that arise when working with people of diverse cultures.

This noncredit, continuing-education course, developed with funding from the Pediatric Pulmonary Centers, is offered worldwide by UW-Madison’s Division of Continuing Studies.

For more information visit continuingstudies.wisc.edu/classes/online-cross-cultural-health-care-case-studies.

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Transformational Journal Writing Techniques for Health Care Professionals

Friday, April 22, 2016
9am–4 pm
Credits: 0.6 CEU/ 6 hours of instruction
$150
Level: Beginning to Advanced

This workshop gives professionals evidence-based journaling techniques and journaling prompts to help clients transform negative states to more positive ones and to increase success in treatment. The techniques help clients dealing with pain, depression, resistance, self-abuse, anxiety, and panic disorder. Please bring a journal so that you may participate in the practices presented.

Instructor: Julie Tallard Johnson, MSW, LCSW is a licensed psychotherapist and author. She has taught courses on compassionate communication, group dynamics, depth psychology, and facilitated journaling circles and groups for 30 years. The author of several books, including Spiritual Journaling and The Zero Point Agreement, she has been studying the scientific basis of thought transformation, inspiration, and creativity for 35 years.

For more information, contact Christine DeSmet at christine.desmet@wisc.edu or 608-262-3447 or visit continuingstudies.wisc.edu/classes/transformational-journal-writing-health-care-professionals.
Registration Form

Please register me for

- Brief Therapy: Effective Approaches and Useful Tools  
  Thursday, March 10, 2016; $150  
  #2856

- Cross-cultural Health Care Case Studies  
  Online, anytime; $95  
  #2815

- Transformational Journal Writing Techniques for Health Care Professionals  
  Friday, April 22, 2016; $150  
  #7123

- Are you a Certified Counselor through the National Board for Certified Counselors?  
  Yes / No
- Are you a psychologist?  
  Yes / No

ENTER 3-DIGIT BROCHURE CODE FROM MAIL PANEL:

Contact information

NAME

TITLE

ORGANIZATION

MAILING ADDRESS

CITY / STATE / ZIP

PHONE  
EVENING/CELL PHONE

E-MAIL

Payment method

- Please bill my organization at the address above.
- Enclosed is my check payable to UW-Madison.
- Please charge to the following account:  
  - MasterCard  
  - VISA  
  - Am Ex  
  - Discover

CARD NO.  
EXPIRES

CARDHOLDER'S NAME

Online:  
Mail to:  
UW-Madison Cont. Studies Registrations  
Pyle Center, 702 Langdon St, Madison, WI 53706-1487

Call:  
Fax:  
608-262-2451 or 800-725-9692 (Wisconsin Relay 711)  
608-265-3163 or 800-741-7416

Phone, fax or online registrations must include payments by credit card or purchase order.

If you have a disability and desire accommodations, please advise us when you register. Requests are confidential. Programs offered by UW-Madison in cooperation with UW-Extension.

DCS-IMC-12460-12/15
General Information

Location: Pyle Center, 702 Langdon St, Madison, WI

Times: See program description for start/end times. Onsite check in 30 minutes before start time.

Fee: Program fees include instruction, materials, CEUs, and refreshments. Lunch is on your own.

Please make your own travel and lodging arrangements.

Cancellation policy: If you are unable to attend or arrange for a substitute, you may obtain a refund minus the $25 administrative fee by contacting our registration department at least three business days before the program. If you cancel later than that or do not attend, you are responsible for the entire fee. To cancel or arrange for a substitute, please call 800-725-9692.

Continuing Education Units/Approved Hours: 0.6 CEU = 6 hours of professional continuing education per program. Participants receive verification of attendance at the end of each program. UW-Madison Divisions of Continuing Studies is an acceptable continuing education provider for the following:

American Psychological Association (APA): University of Wisconsin–Madison, Division of Continuing Studies is approved by the American Psychological Association to sponsor continuing education for psychologists. University of Wisconsin–Madison Division of Continuing Studies maintains responsibility for programs and their content.

Social Workers: UW-Madison Division of Continuing Studies (provider #1042) is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB) www.aswb.org, through the Approved Continuing Education (ACE) program. UW-Madison Division of Continuing Studies maintains responsibility for the program. ASWB Approval Period: April 27, 2013-April 27, 2016. Social workers should contact their regulatory board to determine course approval. Social workers participating in each program will receive six (6) continuing education clock hours. WI, IA, IL, MI, and MN Boards of Social Work recognize ACE programs.

Counselors: UW-Madison Division of Continuing Studies is a National Board for Certified Counselors (NBCC) Approved Continuing Education Provider (ACEP) #5990 and may offer NBCC approved clock hours for events that meet NBCC requirements. The ACEP solely is responsible for all aspects of the program.

Wisconsin Marriage and Family Therapists: qualifies as an accredited university continuing education course relevant to professional practice.

Wisconsin Substance Abuse Counselors: qualifies as a continuing education course consisting of relevant subject matter taught by qualified presenters.

Other professions: completion of each program qualifies for six (6) continuing education hours. Contact your own board or organization for specific continuing education requirements.

Questions? Contact Aphra Mednick at aphra.mednick@wisc.edu or 608-265-8041.

If you have a disability and desire accommodations, please advise us when you register. Requests are confidential. Programs offered by UW-Madison in cooperation with UW-Extension.
Human Service Professionals: Get the Tools You Need This Spring