General Information

Location: Gordon Commons at UW-Madison, 770 W Dayton St, Madison, WI

Times: 8:30am-3:30pm

Fee: $175 per class; $450 for three-part series. Fee includes lunch.

Please make your own travel and lodging arrangements.

Cancellation policy: If you cancel your registration at least three full business days before a program begins, you may be eligible for a full refund minus a $25 administrative fee. If you cancel less than three full business days before the program begins, or do not attend, you are responsible for the entire registration fee.

Continuing Education Units/Approved Hours: 0.6 CEU = 6 hours of professional continuing education per program. Participants receive verification of attendance at the end of each program.

Nurses: The University of Wisconsin–Madison School of Nursing is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation. The University of Wisconsin–Madison School of Nursing, Continuing Education in Nursing is Iowa Board of Nursing provider 350.

American Psychological Association (APA): University of Wisconsin–Madison, Division of Continuing Studies is approved by the American Psychological Association to sponsor continuing education for psychologists. University of Wisconsin–Madison Division of Continuing Studies maintains responsibility for programs and their content.

Social Workers: UW-Madison Division of Continuing Studies (provider #1042) is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB) www.aswb.org, through the Approved Continuing Education (ACE) program. UW-Madison Division of Continuing Studies maintains responsibility for the program. ASWB Approval Period: April 27, 2013-April 27, 2016. Social workers should contact their regulatory board to determine course approval. Social workers participating in each program will receive six (6) continuing education clock hours. WI, IA, IL, MI, and MN Boards of Social Work recognize ACE programs.

Counselors: UW-Madison Division of Continuing Studies is a National Board for Certified Counselors (NBCC) Approved Continuing Education Provider (ACEP) #5990 and may offer NBCC approved clock hours for events that meet NBCC requirements. The ACEP solely is responsible for all aspects of the program.

Other professions: completion of each program qualifies for six (6) continuing education hours. Contact your own board or organization for specific continuing education requirements.

Questions? Contact Beth Fahlberg at beth.fahlberg@wisc.edu or 608-890-3628.

If you have a disability and desire accommodations, please contact the UW-Madison Registration Office at 608-262-2451 (Wisconsin Relay 711), 702 Langdon St. The office is open 7:45am-4:30pm, Monday-Friday. Requests are confidential.

Spring 2016

Sex, Drugs, and Rock ‘n’ Roll:
A Three-Part Series on Caring for the New Older Generation

Nursing and interprofessional healthcare continuing education

Sex After 70: Implications for Clinical Practice
Mar 3

Drugs: Use and Misuse in Aging Boomers and Beyond
Apr 7

Rock ‘n’ Roll: Reenvisioning Geriatric Care for the New Older Generation
May 2

sex, drugs, and rock ‘n’ roll: a three-part series on caring for the new older generation

continuingstudies.wisc.edu/collections/care-new-older-generation
Sex, Drugs, and Rock ‘n’ Roll: A Three-Part Series on Caring for the New Older Generation

Addressing the fundamental ways healthcare delivery must change to meet the aging population’s needs

In 2016, the first baby boomers turn 70, marking the beginning of the “silver tsunami” that will further stretch already-strained healthcare resources. By 2030, the average life expectancy will increase to 85-87 years old; and by 2040, there will be twice as many people over age 65 as there are today.

This new generation of older adults is different—expecting and requiring different approaches than those currently associated with geriatric care. Additionally, our ideas about old age are constantly being challenged—even terms commonly used in healthcare, such as “elderly” and “geriatric” are becoming inappropriate.

This older population wants:

1. Care that directly involves them
2. To take the lead in their healthcare decisions and health management plans
3. Healthcare that integrates their culture, values, and preferences

Clinicians caring for today’s older adults are increasingly obliged to consider sexual health, substance use issues, and complex medical regimens that include complementary and alternative therapies. They may be frustrated by the high expectations, technological savvy, and self-advocacy skills exhibited by people who have been challenging authority most of their lives.

This three-part series provides clinicians and educators with the opportunity to develop a deeper understanding of the new older generation. We discuss clinical approaches that prepare you to lead the way in promoting care that is relevant to their needs and expectations.

You may take each course individually or complete the entire series.

Sex After 70: Implications for Clinical Practice
Th, Mar 3, 8:30am-3:30pm
175
0.6 CEUs (6 hours); ANCC nursing credits will be offered

Sex is an important issue for the new older generation, which has lived through the sexual revolution and through cultural shifts about acceptable sexual practices and identities. Despite aging, most don’t consider themselves old. Many want to remain sexually active as long as possible, seeking out new relationships after the death of a spouse or partner. We will discuss evidence-based clinical and educational approaches to promoting sexual health in aging clients and populations.

Learning Objectives:
1. Describe how the lived history and shifting cultural perspectives have influenced sexual attitudes, values, and practices of the new older generation.
2. Discuss trends in sexual healthcare needs of older adults, barriers to meeting needs, and approaches to overcoming the barriers.
3. Describe clinical guidelines, best practices, and resources to promote healthy sexual activity in older adults.
4. Describe pharmacologic, nonpharmacologic, and counseling approaches to promoting healthy sexual activity in older adults.

Drugs: Use and Misuse in Aging Boomers and Beyond
Th, Apr 7, 8:30am-3:30pm
175
0.6 CEUs (6 hours); ANCC nursing credits will be offered

Drug use and misuse is a complex phenomenon in the new older generation. Baby boomers have experienced changing social norms about recreational drugs. Many of today’s older adults routinely use prescription, nonprescription, alternative, and supplementary therapies. Medication complexity and adverse effects are commonplace, while deprescribing in advanced illness and frailty is rare. We will discuss clinical and educational strategies to promote safe and appropriate drug use in the new older generation.

Learning Objectives:
1. Identify changing trends in drug use and misuse in the aging population.
2. Discuss collaborative person-centered approaches to medication management to maximize therapeutic benefit and minimize risk.
3. Describe clinical approaches to promote safe and appropriate drug use for aging individuals with complex medical regimens, serious illness, or a history of substance abuse.

Rock ‘n’ Roll: Reenvisioning Geriatric Care for the New Older Generation
M, May 2, 8:30am-3:30pm
175
0.6 CEUs (6 hours); ANCC nursing credits will be offered

The cultural shift that came with the advent of rock ‘n’ roll had a profound impact on everything this new older generation experienced—clothes, sounds, foods, attitudes, and even the way they raised their families and approached their jobs. This generation challenged authority, advocated for themselves and others in protests and riots, and created a new world order. So it’s not surprising that they have different expectations about their healthcare. In this interactive program, we confront common assumptions and practices in the care of older adults, examine sociodemographic trends, reenvision “geriatric” care, and discuss strategies to update healthcare approaches for the new older generation.

Learning Objectives:
1. Identify historical, sociocultural, and demographic trends that influence the healthcare needs and expectations of the new older generation.
2. Describe the emerging role that technology can and should play in the care of older adults.
3. Recommend changes to outdated and inappropriate language, assumptions and practices in geriatric care.
4. Discuss practical implementation strategies to modernize geriatric healthcare.

Beth Fahlberg (PhD, RN, CHPN, AGPCNP-BC)
directs aging programs at UW-Madison Continuing Studies. Her healthcare expertise includes aging quality of life, social support, individual and family-centered care, communication, shared decision-making, and advocacy.

Payment method
Please charge to the following account:

Payment method:

Please register me for:

- [ ] Sex After 70: Implications for Clinical Practice
  Th, Mar 3, 8:30am-3:30pm; $175
  #2925
- [ ] Drugs: Use and Misuse in Aging Boomers and Beyond
  Th, Apr 7, 8:30am-3:30pm; $175
  #2926
- [ ] Rock ‘n’ Roll: Reenvisioning Geriatric Care for the New Older Generation
  M, May 2, 8:30am-3:30pm; $175
  #2927

- Are you a Certified Counselor through the National Board for Certified Counselors? [ ] Yes / [ ] No
- Are you a psychologist? [ ] Yes / [ ] No

Registration Form

Contact information

- Name
- Title
- Organization
- Mailing Address
- City / State / Zip
- Phone, evening/Cell Phone
- E-mail

Payment method:

- Please bill my organization at the address above.
- Enclosed is my check payable to UW-Madison.
- Please charge to the following account:
  - [ ] MasterCard
  - [ ] VISA
  - [ ] Am Ex
  - [ ] Discover

Card No. - Expiry

Cardholder’s Name

Online: continuingstudies.wisc.edu/collections/care-new-older-generation

Mail to:
UW-Madison Cont. Studies Registrations
Pyle Center, 702 Langdon St, Madison, WI 53706-1487

Call: 608-262-2451 or 800-725-9692 (Wisconsin Relay 711)

Fax: 608-265-3163 or 800-741-7416

Phone, fax, or online registrations must include payments by credit card or purchase order.