2016 Summer Institute on Mental Disorders and the Older Adult:
Advancing an Understanding of Geriatric Mental Health and Parkinson’s Disease

Thursday-Friday, July 28-29, 2016
8:30am-4:00pm at the Pyle Center
Dear Colleagues,

You are invited to attend the fifth bi-annual Summer Institute on Mental Disorders and the Older Adult. This year’s institute focuses on Parkinson’s Disease and Lewey Body Dementia.

Hear from our expert UW-Madison faculty as well as a very special keynote speaker, David Leventhal—director of internationally acclaimed Parkinson’s Disease dance therapy program, Dance for PD®. David will engage participants in discussion and demonstrations of the fascinating intersection between dance and Parkinson’s Disease.

Please join us for this year’s cutting edge Summer Institute on Mental Disorders and the Older Adult at UW-Madison.

Thank you for the work you do in supporting quality of life for older adults.

Suzanna Waters Castillo

Suzanna Waters Castillo, PhD, MSSW

Treating geriatric mental illness is a challenging process. Evidence-based research on geriatric mental health continues to provide new insights into identification and treatment. Parkinson’s Disease and related Lewey Body Dementia are often comorbid with geriatric mental illness. This 2016 Summer Institute will examine the most prevalent geriatric mental disorders and address the complex needs of persons with Parkinson’s Disease and Lewey Body Dementia. As older adults with Parkinson’s Disease advance in age, their mental health may be compromised as comorbid conditions evolve and medication management becomes more complex. Our stellar faculty will provide evidence-based information that supports quality of life for older adults suffering from mental disorders.

This Summer Institute is designed to help you:

- Explain the characteristics unique to late-life depression and anxiety.
- Recognize the relationship between Parkinson’s Disease and depression.
- Describe the clinical features of Lewey Body Dementia.
- Understand the bi-directional relationship between late-life sleep disorders and depression.
- Describe the challenges for psychotropic medication adherence for older adults.
- Identify primary chronic conditions that affect geriatric mental health.
- Explain the utility of dance as a therapeutic approach to Parkinson’s Disease.
- Demonstrate dance therapy techniques of Dance for Parkinson’s Disease.
Keynote Speakers

David Leventhal is program director and one of the founding teachers of Mark Morris Dance Group’s Dance for PD® program, a collaboration with the Brooklyn Parkinson Group located in New York City that offers weekly classes for people with Parkinson’s at the Mark Morris Dance Center. David has fostered similar classes in more than 100 communities in nine countries around the world, and presents regular training workshops for teachers interested in leading Dance for PD® classes. He is the co-recipient of the 2013 Alan Bonander Humanitarian Award for his efforts to make the Dance for PD® program widely available. He serves on the Board of Directors of the Global Alliance for Arts and Health. Raised in Newton, MA, he trained at Boston Ballet School and attended Brown University where he received a BA in English Literature.

Teresa Mangin, MD, completed medical school and neurology residency at the University of Pennsylvania in Philadelphia, PA. She went on to train in movement disorders at Oregon Health and Science University (OHSU), a National Parkinson Foundation Center of Excellence, and the Portland VAMC. During her time at OHSU, she also completed the Human Investigations Program in clinical research. Dr. Mangin practiced at the Dean Clinic from 2010 to 2015, where she specialized in movement disorders and dementia, ran Dean’s Memory Assessment Clinic, and served as co-chair for the St. Mary’s Hospital Ethics Committee. Dr. Mangin joined the neurology department at UW-Madison in 2015 as a clinical assistant professor. She is the medical director for the Wisconsin Chapter of the American Parkinson Disease Association. In addition to movement disorders and dementia, Dr. Mangin has an interest in palliative care for these disorders and has completed the Palliative Care Education and Practice course through Harvard Medical School.

Art Walaszek, MD, Board Certified in Geriatric Psychiatry, earned his medical degree from Northwestern University, completed his psychiatry residency at University of Washington in Seattle and fellowship in Geriatric Psychiatry at Northwestern Memorial Hospital. Dr. Walaszek is vice chair for Education and Faculty Development, and director of Psychiatry Residency Training at the UW-Madison Department of Psychiatry. He oversees medical education in Psychiatry at the UW-Madison School of Medicine & Public Health and chairs the University of Wisconsin Hospital and Clinics Graduate Medical Education Committee. Dr. Walaszek works with the Wisconsin Alzheimer’s Disease Research Center, where he is co-leader of the Outreach, Recruitment and Education Core. His educational work has been recognized with a UWSPMH Dean’s Teaching Award and an ACGME Parker Palmer Courage to Teach Award, both in 2014.
2016 Summer Institute on Mental Disorders and the Older Adult
Thursday-Friday, July 28-29, 2016
Fee: $325
CEUs: 1.2
Continuing Education Hours: 12

Thursday, July 28: Evidence-Based Treatment for Geriatric Mental Disorders

8:30am Welcome—Suzanna Waters Castillo, PhD, MSSW
8:45am Keynote: Geriatric Anxiety and Depression—Art Walaszaek, MD
10:30am Chronic Conditions and Geriatric Mental Health—Beth Fahlberg, PhD, GNP
Noon Lunch
1pm Executive Function and Geriatric Mental Health—Lisa Boyle, MD
2:30pm Late-Life Sleep Disorders—Tim Juergens, MD
3:45pm Wrap up
4pm End

Friday, July 29: Clinical Perspective on Parkinson’s Disease and Lewey Body Dementia

8:30am Welcome
8:45am Keynote: Clinical Overview of Parkinson’s Disease—Teresa Mangin, MD
10:30am Big and Loud, a speech and physical therapy approach for Parkinson’s Disease—Suzanna Waters Castillo, PhD, MSSW
11:30am Case study
Noon Lunch
1-4pm Keynote: Understanding and Experiencing the Intersection between Dance and Parkinson’s Disease—David Leventhal, Dance for Parkinson’s Disease

Endorsed by: The Wisconsin Chapter of the American Parkinson’s Disease Association and the Wisconsin Geriatric Psychiatry Initiative: WGPI.wisc.edu
Institute Faculty

Lisa Boyle, MD is a Clinical Assistant Professor in UW-Madison School of Medicine and Department of Psychiatry and is the director of the Geriatric Fellows program at UW-Madison School of Medicine. Dr. Boyle is board certified in geriatric psychiatry, psychiatry, and psychosomatic medicine. She received her medical degree from UW-Madison School of Medicine, and completed her residency at the University of Michigan Medical Center and her fellowship in geriatric psychiatry at the University of Rochester Medical Center, Rochester, NY.

Beth Fahlberg, PhD, RN, GNP is a Faculty Associate in UW-Madison Continuing Studies and is a board certified geriatric nurse practitioner. She has more than 25 years of experience as a registered nurse and is a national leader in the palliative care movement with a focus on the importance of meeting both physical and psychosocial end of life care needs of older adults. Her clinical experience with older adults and research expertise provides the lifelong learner with evidence-based guidelines for quality care of older adults.

Timothy Juergens, MD is a Clinical Assistant Professor of psychiatry at UW-Madison School of Medicine Department of Psychiatry. He is board certified in geriatric psychiatry, sleep medicine, and psychiatry. He is also the director of the Comprehensive Sleep Program at the William Middleton Veterans Hospital in Madison, WI.

Suzanna Waters Castillo, PhD, MSSW is a Distinguished Faculty Associate and a nationally recognized leader in geriatric mental health inter-professional continuing education. She is the director of the Mental Health and Older Adult Certificate Series UW-Madison Continuing Studies. Dr. Waters Castillo has more than 25 years of combined experience in working with older adults and teaching in higher education. She is a member of the University of Wisconsin Teaching Academy.
Conference information

Date: Thursday-Friday, July 28-29, 2016

Fees: $325 (Includes lunch, break refreshments, materials, CEUs and a nonrefundable $25 administrative fee.)

Time: 8:30am-4:00pm

Registration: 7:30am

Location: Pyle Center at UW-Madison, 702 Langdon St., Madison, WI

Instructional Format: Multiple teaching methods will be used to enhance the learning experience including: lecture, video, case study and discussion sections.

Lodging: A block of rooms is being held until June 30, 2016 at the Lowell Center, 610 Langdon St., which is one block from the Pyle Center. To make reservations use code word SUMMINST and go to: http://bit.ly/summinst27jul or call 608-256-2621 or 866-301-1753.

Cancellation Policy: Participant — You may obtain a refund (minus the $25 administrative fee) by calling 800-725-9692 at least 3 business days before the program. If you do not attend or arrange for a substitute, or if you cancel 3 business days or less prior to the program, you are responsible for the entire fee. Program — In the event of bad weather or other emergencies, call 608-263-4432 or visit continuingstudies.wisc.edu to learn whether a Continuing Studies program or class has been cancelled. Contact Suzanna Waters Castillo at suzanna.castillo@wisc.edu or 608-263-3174.

Approved Hours/Continuing Education Credits: 1.2 CEUs = 12 hour of professional continuing education. Participants receive verification of attendance at the end of the program. The UW-Madison Division of Continuing Studies is an acceptable continuing education provider for the following:

Psychologists: UW-Madison Division of Continuing Studies is approved by the American Psychological Association to sponsor continuing education for psychologists. UW-Madison Division of Continuing Studies maintains responsibility for these programs and their content.

Social Workers: Continuing Studies (provider #1042) is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB, aswb.org), through the Approved Continuing Education (ACE) program. UW-Madison Division of Continuing Studies maintains responsibility for the program. Social workers should contact their regulatory board to determine course approval. Social workers participating in this course will receive 12 continuing education clock hours. Wisconsin Department of Safety and Professional Services, and the Iowa, Illinois, Michigan, and Minnesota Boards of Social Work recognize ACE programs.

Counselors: Continuing Studies is a National Board for Certified Counselors (NBCC) Approved Continuing Education Provider (ACEP) #5990 and may offer NBCC approved clock hours for events that meet NBCC requirements. The ACEP solely is responsible for all aspects of the program.

Wisconsin Marriage and Family Therapists: This program qualifies as an accredited university continuing education course relevant to professional practice.

WI Substance Abuse Counselors: This program qualifies as a continuing education course consisting of relevant subject matter taught by qualified presenters.

Other professions: Completion of each program qualifies for six continuing education hours. Contact your own board or organization for specific continuing education requirements.
Registration form

Please register me for

Summer Institute on Mental Disorders and the Older Adult:
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– Are you a Certified Counselor through the National Board for Certified Counselors?  ❑ Yes / ❑ No
– Are you a psychologist?  ❑ Yes / ❑ No

ENTER BROCHURE CODE FROM MAIL PANEL: UW#

Contact information

NAME

TITLE

ORGANIZATION

MAILING ADDRESS

CITY / STATE / ZIP

PHONE ( ) ❑ EVENING/CELL PHONE

E-MAIL

Payment method

❑ Please bill my organization at the address above.
❑ Enclosed is my check payable to UW-Madison.
❑ Please charge to the following account:
   ❑ MasterCard ❑ VISA ❑ Am Ex ❑ Discover

CARD NO. ❑ EXPRESS

CARDHOLDER’S NAME

Mail to:   UW-Madison Cont. Studies Registrations
   Pyle Center, 702 Langdon St., Madison, WI 53706-1487
Call: 608-262-2451 or 800-725-9692 (Wisconsin Relay 711)
Fax: 608-265-3163 or 800-741-7416

Online: continuingstudies.wisc.edu/classes/summer-institute-mental-disorders-older-adult

Phone, fax or online registrations must include payments by credit card or purchase order.

If you have a disability and desire accommodations, please advise us when you register.
Requests are confidential. Programs offered by UW-Madison in cooperation with UW-Extension.

DCS-IMC-12321-2/16
Consider a Certificate from UW-Madison Continuing Studies

Mental Health and the Older Adult Certificate Series
This advanced program is ideal for licensed practitioners and allied health professionals who work with older adults. Get state-of-the-art information and skills in geriatric mental health. Learn from leading experts about current research in cognitive decline. This is a unique continuing education series, one of only three in the United States.

Visit continuingstudies.wisc.edu/certificates/mental-health-older-adult for more information.

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