

## Visual Art Classes

### Course:

Painting in Oils: Fun with Fundamentals  
Program # 3425-18-LAAS  
8 Fridays, September 22-November 10, 2017, 9:30 am-noon  
Humanities Building, Rm. 7101, 455 N. Park St

### Instructor:

Kathleen Heinen  
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Phone: 608-320-4727

### A welcome note from your instructor:

I am looking forward to teaching Painting in Oils this semester. Oil paint is my favorite medium. We will explore a variety of oil painting approaches, techniques and materials.

All levels are welcome, beginners and more experienced artists. Feel free to email or call me with any questions regarding materials or course content.

### Tips for success:

Students should come to the first class prepared to paint. I will set up a simple still life the first class, please bring a camera, phone or iPad to take reference photos. (or I can take the photos for you)

In addition, please gather photos as reference and inspiration. You can bring your laptop or iPad to work from. Use photos you have taken yourself if possible.

Plan ahead. Click [here for Frequently Asked Questions \(FAQs\)](#) to learn about parking, cancellations and places to shop!

**Materials Fee:** (Fees paid directly to instructor for course materials provided by instructor)

Basic fee: none

Optional materials for purchase: none

### Supply List (Bring your own)

Note: All supplies are suggestions. Mention of a brand or retailer should not be considered UW-Madison endorsements. Students may make substitutions.

Click [here for Frequently Asked Questions \(FAQs\)](#) to learn about parking, cancellations and places to shop!

Click [here](#) for a list of sources for art supplies.

## Visual Art Classes

### Oil Paint:

Regular oil paints or water mixable oil paints (I would recommend "regular") Regular oil paints require the use of a solvent. When we use mineral spirits or turpentine the studio needs to be ventilated for safety reasons. Please note that **turpentine is not allowed in the studio**, odorless mineral spirits is fine. I now use

a lavender brush cleaner that lets me work without the worry of the petroleum based solvents. I have listed the type I use under "mediums" on this list.

Note: Oil paint comes in "artist" grade and "student grade". The "artist" grade is of a higher quality but is more expensive.

### Pigment suggestions:

Some good brands: Regular: Williamsburg, Gamblin, Winsor & Newton  
Water-mixable: Holbein, Winsor & Newton Artisan

Titanium White, Ivory Black, Yellow Ochre, Cadmium Yellow Pale, Alizarin Crimson, Cadmium Red, Cerulean Blue, Ultramarine Blue, Raw Umber, Burnt Sienna

### Brushes

There are two basic types of oil brushes, sable or synthetic sable(soft) and bristle(stiff). Basic shapes: filbert, round, flat, fan.

### Brush suggestions:

Bristle: varying sizes and shapes from #1-10  
Sable hair (or synthetic) varying sizes and shapes: #00-3  
Blending brush (like a badger hair fan)

### Mediums

For safety turpentine is not allowed in the studio.

#### "regular" oils:

For cleaning brushes I recommend Lavender Brush cleaner made by Chelsea Classical Studio (only available online at Jerry's Artarama) or pure odorless mineral spirits (example: Gamsol) which can also be used to thin your paint. Mediums: any ready-made medium like Winsor & Newton Liquin. I use Chelsea Classical Studio Lean Medium and Fat medium. (note: not everyone uses a medium)

Water-mixable oils: any ready-made medium for water-mixable oils

## **Visual Art Classes**

You will also need a thinner: Winsor & Newton Artisan Thinner works well.  
(note: the water-mixable oils do not thin well with water, water is just used for cleaning/rinsing brushes)

## **Supports**

There are a variety of surfaces suitable for oil painting. For your first painting I would suggest a size of approx. 12 X 16 of one of the following:

Canvas boards  
Primed canvas on wooden stretchers  
Pre-primed wood panels

## **Misc.**

- oil painting palette (disposable paper palettes are very useful)
- small sketchbook, drawing pencil, kneaded eraser
- vine charcoal
- rags
- palette knife
- paint box
- jar or can with lid to hold solvent or water
- small cup to hold medium
- brush soap
- rubber/latex gloves (optional)